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**TOWNSHIP OF WEST LINCOLN  
WEST LINCOLN AGE FRIENDLY ADVISORY COMMITTEE (WLAFAC)**

**MEETING NO. THREE HELD: Mar 6, 2026**, Township Administration Building, 318 Canborough Street, and Smithville – 9:00 a.m. Council Chambers

1. Welcome and Introduction of members/guests.

Presentation by WLMH and Foundation

Catherine Duffin, Director, Community Programs & Site Administrator WLMH

Dara MacLeod, Administrative Officer WLMHF

Fred Lilley, President of WLMH Auxiliary

David Sivlestro, Public Affairs, Hamilton Health Sciences

2. Thank you to Presenters

3. Information for Attendees

- a) How to Make a Donation to WLMH Foundation

- b) New Number 988 to Report Mental Problems

- c) Police request public to call non-emergency number if they see anything questionable.

After the presentation by the West Lincoln Memorial Hospital and the Foundation the Committee met briefly for a short meeting.

**Chair:** John Ganann

**Members:** Councillor Greg Maychak  
Sue Langdon  
Deb Thomas  
Stuart Lord  
Linda Sivyer  
Christine Hopwood  
Karen Parker  
Toni Mills

**Staff:** Brianne Parsons, Recreation and Wellness  
Programmer  
Jacquie Thrower, Executive Assistant

4. Ratification of Minutes from last meeting – Feb 6 Minutes

The minutes of February 6, 2026, were ratified by the Committee.

5. Business Arising from Minutes

John confirmed the Upcoming Events below for the May 1 meeting and the June 12

Event.

6. Upcoming Events

May 1 Regular Meeting – Bill Young, Ontario Ancestors – Benefits of Journaling Confirmed

June 12 Event – George Ioannidis GERAS – Centre for Aging Research Confirmed - Inquiry Booth for Exhibitors

Lorraine Hulley, Rose Cottage Visiting Volunteers – Lorraine Hulley Confirmed

Past Topics: How to Talk with your Doctor.

Advanced Care Planning

7. Roundtable Discussion

Toni advised that today was World Day of Prayer and St. Anns Community Church was hosting an event today from 1:00 p.m.-3:00 p.m. with a Nigeria Pastor leading the event. Toni advised there would be refreshments served from Nigeria.

John advised that ping pong is now available at the West Lincoln Community Centre and advised the Committee to check the schedule since there are events at the library and the Community Centre daily. John stated that Family Day was a wonderful event with many activities including the library being open to the public.

Stuart suggested shuffleboard as an activity that the West Lincoln Community Centre could offer since only one player is required.

John advised that he is now a member of the Age Friendly Niagara Council. John advised that the Council is made of a group of local citizens, volunteers, community partners and municipal leaders who have joined together to make Niagara a “community for all ages”. they lobby the government and represent all age groups.

8. Next Meeting – April 10, 2026

The next meeting will be the second Friday of the month since the first Friday of the month (April 3) is Good Friday.

9. Adjournment

The meeting adjourned at 10:48 a.m.

  
Chair John Ganann

  
Jacquie Thrower, Executive Assistant